

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

June 2016

DISTRIBUTED FREE TO HOUSEHOLDS AND BUSINESSES
IN FELL LANE, EXLEY HEAD, KEIGHLEY, UTLEY, LONG LEE,
RIDDLESDEN, & EAST MORTON

www.airevalleymag.co.uk

IS YOUR CONSERVATORY TOO COLD IN WINTER AND TOO HOT IN SUMMER?



Then call us today for your free no obligation quick quote and we can transform your conservatory with the Guardian Solid Tiled Roof.

This is not a make-over. The Guardian™ solution is based on an insulated lightweight tiled roof that will not only look beautiful, it will keep your room at an ambient temperature all-year-round and reduce your heating bills. The Guardian roof is fully guaranteed and approved, is extremely energy efficient and drastically reduces noise from rain.

Call: 01422 416 292
info@warmroofsolutions.co.uk
www.warmroofsolutions.co.uk

Warm Roof Solutions
3b South Mill, White Rose Mills, Holdsworth Road
Holmfield, Halifax, HX3 6SN





**Keighley Healthy Living
Your Local Health
& Wellbeing Charity**



13 Scott Street, Keighley, BD21 2JH

Would you like to lose weight, enjoy eating healthy foods and be more active? Come and join us on our new courses - Healthy Lifestyles, Cooking Classes, Exercise Sessions and Walks. All our sessions are open to everyone and are ongoing throughout the year. Please ring or visit our website to find out more. Keep up to date by following us on Facebook and Twitter.

f 01535 677177 admin@khl.org.uk khl.org.uk

Here we go....summer time!
Make the most of the fair weather and get some sun on yourself. That may be as simple as sitting in your own garden or perhaps the local pub beer garden.

Our centre spread features Haworth Festival; music, dance, comedy, and more. Check out the festival website & facebook for the latest developments.

Don't forget, Sunday the 19th of June is Fathers Day. (And there is a free pint on offer at New Yorkies...check out details inside.)

Mark your calendars for these July events: get your tickets for Proms on the Farm. Bronte Parsonage hosts a weekend of poetry and fun too; and lots going on at Bolton Abbey Estate.



Liz Barker

Have a great month!

Bar NEW YORKIES Grill

FATHER'S DAY

**FREE PINT
FOR EVERY FATHER DINING***

Sunday 19th June 2016

** Conditions apply.*

**NOW DOING TAKEAWAYS/
DELIVERY
ORDER ONLINE**

**SERVING: STEAKS, BURGERS, HOTDOG, SLOWCOOKS,
PANCAKES, WAFFLES, MILKSHAKES, SMOOTHIES,
CHILDRENS MENU, BEERS & WINES.**

59 CHURCH STREET, KEIGHLEY BD21 5HT
FREE PARKING TO REAR
TEL: 01535 613888

WANTED

**COMMUNITY MAGAZINE
DELIVERY TEAM**

REGULAR MONTHLY DELIVERY ROUNDS
AVAILABLE

ARE YOU RELIABLE, HARD WORKING, FIT AND
ACTIVE?

WE ARE LOOKING FOR COMMITTED, HARDY
INDIVIDUALS (NO MATTER THE WEATHER!)
WILLING TO MAKE REGULAR DELIVERIES IN
THE LAST WEEK OF EACH MONTH.

GOOD RATES OF PAY.



CONTACT AIRE VALLEY MAG ON 01535 642227

Say you saw it in the Aire Valley Mag!



APPRENTICESHIP IN ACTION (case study)

Adam Spilsbury started at Keighley College as part of the schools programme studying Motor Vehicle, after two years he moved onto a Level 2 Apprenticeship with a local employer. He now runs his own business in Keighley- Adam's Autos and has hired his own apprentice from Keighley College.

Adam enjoyed his time at Keighley College as it really prepared him for owning a business and built up his skills and knowledge on vehicles. "The college stood out to me because the tutors were so helpful and went above and beyond their roles to ensure that I progressed." Adam liked the locality of his course; he was able to meet a lot of like-minded people and knew a lot of people who were already studying at the college.

He already had a passion for cars before he started but this grew with the apprenticeship he undertook. "There are huge advantages to completing an apprenticeship; the skills you learn cannot be beaten and the combination of working on the job and the college theory side really

work well together."

Adam found his tutors to be inspiring and encouraging with his ambition to be an entrepreneur: "I cannot thank the tutors enough for their positivity and how they have helped to shape my skills for the trade." He had many opportunities throughout his time at college to learn about setting up his own business and it has always been Adam's ambition to be his own boss. "Once I had decided what I wanted to do the college helped me to develop the skills and ideas that I already had in order for me to feel confident in running my own business."

Now Adam has taken on his own apprentice, who also attends Keighley College and because of his expertise he knows exactly what to look for- "I wanted a forward-thinking problem solver who had solutions and ideas to fix the type of jobs you come across as a mechanic day-to-day." It is a very practical job and Adam knows that the skills are far beyond what you see on paper.

enquiries@keighleycollege.ac.uk

KEIGHLEY COLLEGE
APPRENTICESHIPS

Contact our Apprenticeships Recruitment Team:
e: enquiries@keighleycollege.ac.uk
t: 01535 685 000

Plumbing, Sports, Motor Vehicle, Hair & Beauty,
Engineering, Business Admin... AND LOTS MORE

APPRENTICESHIPS ARE BACK!

Great facilities. Close employer links.
High quality training.
We're growing local talent

THE 3 ACRES
Formerly The Quarry House
FAMILY RESTAURANT, BAR & FUNCTION VENUE...
Great Food, Great Conversation & A Warm Welcome...

10% OFF SATURDAYS*
BOOK A TABLE NOW...
*Book your table with us on a Saturday with 24 hours' notice & receive 10% off your total bill when spending £30.00 or more

CALL 01535 644895 TO BOOK
THE PERFECT WEEKEND TREAT

BOOK NOW
SUNDAY 19TH JUNE 2016

HAPPY FATHERS DAY

NEW SUMMER MENU LAUNCH...
MONDAY 6TH JUNE 2016...

Food Served 11:30am - 9:00pm Monday to Saturday & 12:00pm - 8:00pm Sundays & Bank Holidays

BINGLEY ROAD, LEES MOOR, CROSSROADS, KEIGHLEY, BD21 5QE
TEL: 01535 644895
EMAIL: thesacres@btinternet.com
PLEASE VISIT WWW.THE-3-ACRES.CO.UK FOR MORE INFORMATION

BEHIND THE SCENES AT THE MUSEUM



Kitty Wright

June is always a busy month at the Museum. In addition to the monthly free talk, late night Thursday and Parsonage Unwrapped event, on Friday, June 10th, Brontë Society members from all over the world will arrive in Haworth for their Summer Festival weekend and annual general meeting. Preparing to greet them all is the new Executive Director of the Brontë Society, Kitty Wright.

Tell us a little about yourself:

I was born in the north of England – in Darlington, so my father always told me I couldn't play cricket for Yorkshire, where we lived for the first six years of my life. I grew up in Australia, as my mother was Australian and we moved there when I was six. I came back to Yorkshire in 1999 to work for the Arts Council. I studied journalism at university and have spent my working life moving between the arts, media and publishing. I'm really lucky to have made a career doing things I love and am passionate about.

How long have you worked at the Museum?

I've just started here – day 2 as I write! - and I feel very privileged to have this job. But I've visited the Parsonage many times,

bringing friends and family, and have always loved it.

Tell us about a typical day:

I don't have a template yet! But I love working collaboratively, and am looking forward to working with our talented team to help create things greater than the sum of our parts. I'm fascinated by the Society's many aspects – Literary Society, membership organisation, museum and guardian of an important collection, arts organisation, tourist attraction – and how we can meld those strands together to create really special experiences for our members and various audiences.

What is your favourite item in the Museum's collection?

It has to be the miniature books, made by the Brontë children; an early sign of the extraordinary imaginations that were to blossom later.

And your favourite Brontë novel or quote?

Charlotte's novel Shirley is wonderful. It's an amazing exploration of the role of women and gender, issues of birth, class and privilege, the impact of industrialisation...Charlotte asked important questions and explored issues while telling complex, vivid stories. And those issues and questions are still relevant today.

Anything else you'd like to tell us?

I can't wait to meet the people and businesses of Haworth and explore the things that we all value that make the village so special. I'm also looking forward to our first **Poetry at the Parsonage event on 2 and 3 July** – admission is free and everyone is welcome. I hope to meet many of you there!

POETRY at the PARSONAGE

MAIN STAGE & FRINGE FESTIVAL

POP-UP POETRY PICNIC AREA

SATURDAY 2 & SUNDAY 3 JULY 2016 FROM 12 NOON

A two-day celebration of Yorkshire's vibrant poetry scene, featuring more than a hundred poets and performers at venues in and around the Parsonage.

Admission free (donations of £3 per head welcomed). Drinks and refreshment stalls. For the latest news, and information on poetry workshops during the weekend visit www.bronte.org.uk/whats-on



The Brontë Society

Brontë Parsonage MUSEUM

BRONTË 200

IN ASSOCIATION WITH



Haworth, Keighley, West Yorkshire BD22 8DR 01535 642323 www.bronte.org.uk

Escape for the Day to BOLTON ABBEY



And enjoy the freedom to...

- Explore the Priory and ruins.
- Stroll along riverside and woodland walks.
- Taste local produce and browse in the Estate gift shops.
- Visit the Strid and Priory on one of our electric wheelchairs (Apr-Oct).
- Simply relax by the river with a picnic while the children play.

ALL ENQUIRIES

Tourism Department, Estate Office,
Bolton Abbey, Skipton, North Yorkshire BD23 6EX

T: 01756 718009

E: tourism@boltonabbey.com

W: www.boltonabbey.com



WHAT'S ON 2016

WELLY WALK 28 MAY - 30 OCT
CHILDRENS POTTERY WORKSHOP 3 JUNE
NEW WIND IN THE WILLOWS 23 JULY - 7 AUG
NEW KATHERINE JENKINS IN CONCERT 10 SEPT
PUMPKIN TRAIL 22 - 30 OCT
BONFIRE 5 NOV
FATHER CHRISTMAS 3, 4, 10, 11, 17, 18,
19, 20, 21, 22, 23 DEC
NEW PANTO TRAIL 17 DEC - 2 JAN 2017

PLEASE CHECK OUR WEBSITE FOR MORE DETAILS

www.boltonabbey.com

COUNTRY COOKING & FORAGING FOR FOOD

For the promotion of Health & Wellbeing by Cath Bromwich



POACHED PEARS IN APPLE JUICE

I really like poached fruit. One of my favourites is a pudding called Cardinal Peaches—poached peaches with raspberry coulis and ice-cream. Poached pears are also a favourite, and right now Conference pears are reasonably priced in the shops. (Look out for the British ones later in the year too.) Conference pears tend to be very hard, and you have to ripen them at home. Then suddenly the whole bag is ready to eat in one day. Poaching them is something you can do just as they get ripe, so you don't have to eat them all at once. Usually you poach in spiced syrup, but I experimented with apple juice and it has gone down very well.

Serves 4-6 people

These are nice served hot or chilled, with either ice-cream or crème fraiche, and a biscuit. A nice oaty one with plenty of texture is good. Let me know if you would like a recipe. www.facebook.com/foragercathyorkshire

Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses, such as cooking on a budget and outdoor foraging and cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/foragercathyorkshire

Ingredients:

- 4-6 pears, just ripe
- 1 litre basic apple juice
- 1-2 sticks of cassia or cinnamon (cassia is a cheaper version of cinnamon but fine for this)
- A few drops or up to 1 capful of vanilla flavouring of any sort (add less at first).

Instructions:

Peel the pears whole
Pour the apple juice into a large pan and add the cassia and vanilla
Bring slowly to the boil and simmer for a couple of minutes
Taste, add more vanilla if you would like, take out the cassia if the flavour is already strong
Turn the heat down to low-medium and add the pears
Poach them very gently for approximately 10-20 minutes, depending on how big the pears are.
Let the liquid only just bubble
Gently insert a fork and see if it drops off (in the same way as testing if a potato is cooked). If it does, then they are done. You can turn the heat off a bit before they are cooked and let them cool in the syrup to finish cooking
Keep them in the fridge. I use the remaining liquid in drinks.



Brighter Financial Services

Independent Financial Advice

Brighter Financial Services Ltd offers life-stage financial planning from home ownership to retirement and beyond. We are a small, friendly, approachable team -7 in total-committed to providing robust financial advice to our clients, some of whom have been with us for over 20 years.

We have an increasing number of clients from the Aire and Worth Valley regions; from the towns, Haworth and Keighley to the villages of Oxenhope, Steeton and Utley. We have now dedicated Ian, one of our Independent Financial advisers to cover your area and help ensure that our clients feel that we are readily accessible.

We offer all Pre-retirement and Later Life services and pride ourselves on the technical advice we offer, not just in personal and occupational pensions, mortgages and investments but in IHT planning, equity release and long term care support.

Ian is available for telephone discussions or face to face meetings, at your home or a place convenient to you.



Ian can be contacted on **07788417067** or **01422 832100**

Prefer to e-mail? ianw@brighterfs.com or visit the website www.brighterfs.com

We look forward to being of help to you

The Bay Horse Inn
FRESHLY Home cooked Food served Tues - Sun 1pm - 7pm.
Sunday Roast served Sun until gone.

MUSIC AND REAL ALE FESTIVAL
10TH, 11TH, & 12TH JUNE
There will be camping, showers & toilets available.
Live music all weekend, breakfasts and bbqs.
Morris and Clog Dancing.

TUESDAYS Quiz Nights
WEDNESDAYS Open Mic/Jam Sessions

20 Hebden Bridge Road, Uppertown, Oxenhope BD22 9LN.
Tel: 01535 642921

Call in dog friendly!

OctagonLive
CALL IN TO VIEW
No obligation

Stunning Venue for your party
Affordable Hire & Drinks Prices, even Self Catering

CALL NOW
01274 562252
& SAVE MONEY

www.theoctagonlive.com
Bradford Road · Sandbeds · Keighley · BD20 5LY

Say you saw it in the Aire Valley Mag!



BronteCarlo challenge

Three local lads, Craig Dyson, Matthew Burtenshaw and Luke Jones will set off June 2nd in their Bronte-country themed Volvo to take part in a 2,000 mile race from Yorkshire to Monaco and back to support Manorlands Oxenhope and the Cystic Fibrosis Trust. The 'Monte Carlo or Bust' wacky team aims to raise £2,000 for the named charities. Visit www.justgiving.com/teams/BronteCarlo to support them.

COMPUTER UNIVERSE

No fix, no fee + free diagnosis + advice!

PC / Apple / Laptop servicing and sales.

Fixed rate competitive pricing.

Fast friendly service by experienced, local experts.

Virus removal, upgrades, speed-ups, data recovery + more.

New and refurbished laptops from £200. Custom PC's tailored for you.

Game console, iPad, iPod, iPhone etc repairs.

VHS to DVD conversion, internet cafe + training.

19A Briggate, Silsden, BD20 9JS

01535 958082

www.thecomputeruniverse.co.uk

info@thecomputeruniverse.co.uk

To advertise call Jo or Liz on 01535 642227

Bellbird IT

07761 640 799

PROFESSIONAL, FRIENDLY COMPUTER REPAIRS
 CUSTOM BUILT SYSTEMS - VIRUS REMOVAL - ACCESSORIES & TUITION
 PICKUP & DELIVERY AVAILABLE
 EVENINGS & WEEKENDS NO PROBLEM
 MIKE ROGERSON
 E: MIKE@BELLBIRDIT.CO.UK - WWW.BELLBIRDIT.CO.UK

ADP Joinery of Oxenhope

We specialise in fully fitted kitchens & room conversions. All joinery work undertaken.

Free design service

Call Andy Peacock
 07968 824 431 or
 Andrew Marsden
 07976 721 299



eBit Technology

...affordable IT for everyone!

Tel: 01535 212519 Mob: 07779 631370

Computer Service for the Home & Business

www.ebit-technology.co.uk

Adrian Butterfield PROPERTY SERVICES

Tel: 01535 671359
 Mobile: 07726 350 890

Central Heating • Boilers • Plastering • Roofing
 Tiling • Fitted Kitchens • Bathrooms • Bedrooms

13 Sunnyhill Grove, Keighley BD21 1RU



Bob Beattie

From a single window to a complete house

REPLACEMENT WINDOWS & DOORS

CONSERVATORIES...FASCIAS & SOFFITS...REPAIRS

also replacement high security handles and anti snap locks

Tel: 01535 646761 Mob: 07973 846825

Hebden Bridge Road, Oxenhope





Absolute 01535 275906
 24 Hour Locks 07905 186930

Locksmiths

- ⊗ Lock-out specialists
- ⊗ Upvc expert
- ⊗ Locks supplied & fitted
- ⊗ Snap secured
- ⊗ Cylinders fitted
- ⊗ Police vetted

www.absolutelocks.co.uk

WORTH & AIRE VALLEY MAGS

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES

affordable, local, community spirited

01535 642227

editor, Liz Barker: Liz@worthvalleymag.co.uk

www.worthvalleymag.co.uk www.airevalleymag.co.uk

Sudoku

7			8	3				
3	4		2					
		6		4		7	3	
	2	3						4
9								5
5					8	1		
	7	2		6		1		
					2		5	6
			9	3				7

		9		8		7	5	
8	5		6		4			
		3					6	
7	2					6	9	
3								7
	9	5					8	2
	7					4		
			5		2		7	6
1	8		4		9			

			8		4			
						5	8	
6	9			2		3		
1		2			6			
7	4			8			6	5
			2			4		3
		4		5			9	8
	1	7						
			7		8			

			6		1			
	3	7	2					
	2			4		7		5
				1	3		4	6
	5							1
9		4		8	6			
3		1		9				4
					1	6	2	
				6		1		

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.

Where in the Aire Valley? COMPETITION



Where is the red x located in the photo to the right? ?
This month's prize is generously donated by
Keighley & Worth Valley Railway

Day Rover Pass

Email your answer to:
mail@worthvalleymag.co.uk

The winner will be selected from all correct
answers received by 18th June 2016

Last month's location was Aireworth Vets in Keighley. The winner was Harvey Wadsworth from Riddlesden.

Google Earth ©

Cobbydale
Construction Limited

Specialising in the following areas:

- Extensions
- New Builds
- Renovations
- Conservatories
- Garage Conversions
- Flagging & Block Paving
- Joinery
- Plastering

*Accurate written quotations
A prompt professional service*

view our website @ www.cobbydaleconstructionltd.co.uk
or call us on: (01535) 653530 or 07966 906782



Keeping the wheels turning

Keighley & Worth Valley Railway



It's easy to take the railway for granted, what with trains being such a part of the fabric of the valley for so many years, with trains running on the branch line since 1867, bar the handful of years between 1962 when the Preservation Society was formed and was busily restoring the line ready for reopening in 1968.

We now get to enjoy steam trains running every weekend, and daily from the end of May until 11th September, thanks to the efforts of the mill owners who built the line back in the 1860s, and then thanks to the vision of the founders of the Preservation Society in the 1960s.

With so much history, there is a very long and involving story to tell about the railway and its preservation, so we have been working with our partners based at Ingrow to establish 'Rail Story'. This brings together the Bahamas Locomotive Society's museum and learning carriage that focuses on the history of the steam engine and the Vintage Carriage's Trust Museum of Rail Travel, which lets you sit in – and sometimes travel in – their beautiful collection of historic carriages, explaining the history of rail travel. In Ingrow station building you can see the photographs of the work involved in bringing the station building stone-by-stone from its former

location at Foulridge on the Skipton to Colne line, because the original building at Ingrow was beyond repair. We have a series of events to mark the launch of this exciting new partnership and further details can be found on the website: railstory.co.uk

We continue to hold events through the year, including cream teas in our sumptuous Pullman dining cars, and on selected summer Sundays you can enjoy our Vintage train special services. **On Sundays 5th & 19th June, 3rd, 17th & 31st July, and 7th & 21st August**, Vintage Trains will operate using some of the oldest locomotives and coaches on the line, many of which date back to Victorian times and rarely see public operational use.



Keeping the wheels turning, as well as the stations maintained to our usual high standard requires

a huge effort and we are always looking for more volunteers to join the team. We offer full training for a variety of roles, both 'front of house' working in the stations, shops, catering outlets as well as operating the trains; and many behind the scenes roles, maintaining the track, the locomotives and the rolling stock, as well as the administration involved in running an operation of this scale. *Matt Stroh*

Please do consider joining us, and if you would like further information please contact us on volunteer@kwvr.co.uk or by calling the office on 01535 645214.



Silsden's Grand deParty

It is two years since the visit of the Tour de France, and Silsden is celebrating with its second 'Grand deParty' – a month of events in July.



With the Grand Depart 2016 being in France, there are French-inspired events in Silsden for the first weekend in July including (at 2pm on Saturday 2 July) a French Baking Demonstration at Silsden Methodist Church with Mike the Baker (tickets £5) and on the Saturday evening, a French-themed Cheese and Wine evening at St James Church Hall (a ticketed event). On Sunday 3 July a community boules tournament will take place and the town will be adorned with tricolor hanging baskets and decorated Eiffel towers for the whole of the Grand deParty period.

Saturday 9 July sees the 'Grand Day Out in Silsden Park' with fun for all the family – including children's cycling with Bicycling, tennis, Keighley and District Model Engineering Society, a chance to try out crown green bowls with Silsden Playing Fields Bowling Club, Silsden Singers, Silsden Town Band, classic cars on show, 'dogstacle' course, fun running races and lots more. This event is between 10am and 4pm and there is no charge for entry to the Park.

The 2016 Silsden Showcase is on Saturday 16 July across four venues in the centre of the town - the Town Hall and the three churches, all of which are within easy walking distance of each other. The day starts at 10am and provides a convenient way of meeting many of the Silsden voluntary organisations, to learn about what they do, and how to get involved. There will also be a craft fair in the Town Hall featuring local makers.

On Saturday 23 July the Proms on the Farm team present the famous Proms on the Farm at Sycamore Farm, Brunthwaite.

Then on Sunday 24 July, there will be a traditional concert of brass band music with Silsden Town Band, who will be playing in the town bandstand from 3pm. This Sunday afternoon band concert is organized by Churches Together in Silsden, who will be serving refreshments to raise funds.

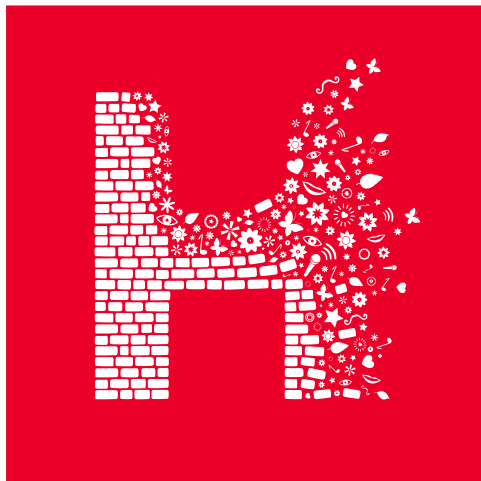
The final Sunday of July is the traditional date for Silsden Gala so this year it will be Sunday 31 July. The Gala Parade through the middle of Silsden starts at 1pm on 31 July and ends in the Park (£1 entry) where the festivities continue as Silsden's Grand deParty 2016 comes to an end.

Check the Grand deParty Notice Boards in the centre of town and also;

 Silsden's granddeparty

 @granddeparty

or visit web site www.granddeparty.org.uk for further details and updates.



HAWORTH FESTIVAL

MUSIC • ART • COMEDY

Haworth Festival 2016

Haworth Festival is back again with some great events lined up for your entertainment. Have a look at the programme and come along to whatever takes your fancy. **Most events are free. Tickets for those that aren't are available at Haworth Visitor Information Centre or Hawksby's on Main St. More Festival information can be found on haworthfestival.org.uk.**

Friday 17 June

Open mic at Cobbles & Clay, hosted by Andy Wood Free Entry 7.30pm
Disco at Black Bull Free Entry



To advertise call Jo or Liz on 01535 642227

Saturday 18 June

'Fun Drum' at Haworth Old Hall 2-4pm Free Entry
'Kala Sangam' group at Cobbles and Clay 7.00pm for 7.30pm



Due to a clash of event scheduling, an evening with Sally Wainwright has had to be moved to **Saturday 23 July**. All tickets will be valid for the revised date or full refunds will be given.

Saturday 18 June cont..

Live music from Sapphire at the Black Bull 8.00pm Free Entry

Sunday 19 June

Festival walk to Top Withens. Meet 10am Haworth Parish Church steps

'Captain of the Lost Waves' at Pied Piper Pianos. 18.30pm for an early start.

Blues night at the Black Bull with Ben Waters, Martin Plock and Keystone Acoustic. Free entry 8.00pm



Tuesday 21 June

Social run from the Parish Church steps, 5 miles, hosted by Jane Sedgewick, donations to Bradford Foodbank. 6.30pm start

Thursday 23 June

"That 80's Show" Patrick Monahan returns to the Old Schoolrooms on Church St with his new show 7.45pm £8



Open mic session with Craig Priestly at the Black Bull with featured band Stovepipe, folk/rock with an Irish twist 8.00pm Free entry

Friday 24 June

Film night at West Lane Baptist Church, 'Woodstock' 7.30pm £4 adults £2 concessions
60s music at the Black Bull with live band Bag of Tricks

Haworth Ukulele Group Extravaganza at the Old School Rooms all day.
Rubik playing at Cobbles and Clay during the day.

Say you saw it in the Aire Valley Mag!

Saturday 25 June cont...

Tony Wright at Cobbles and Clay 7.30pm £10.



Sunday 26 June

Simon 's Disco featuring music from the 60s at the Black Bull 8.00pm Free entry



THE YOUNG WRITERS' CLUB

Continuing with the theme of citizenship, the Young Writers' Club interview Kris Hopkins about his experience as an active citizen and Member of Parliament.

What qualifications or background knowledge do you need to become an MP?

You need some expertise and experience but no specific qualifications are needed. Some of my colleagues are doctors, former soldiers, lawyers, teachers; they come from a variety of backgrounds.

Do you have any special duties as MP?

My key job is representing the people of Keighley and Ilkley, though I have a special duty as the Vice Chamberlain of Her Majesty's Household, as well as being a senior government whip. I write to the Queen every day about what goes on in Parliament. At the State Opening of Parliament I take part in a ceremony and I have to walk backwards with my ceremonial rod. My colleagues find it humorous though it is a serious role. I am 'taken hostage' in Buckingham Palace while the Queen delivers her speech in Parliament.

Do you remember when you first became an active citizen?

When I was 16 or 17 I remember I stopped someone being bullied on the Keighley 713 bus. I knew it was wrong and felt I needed to step in. My parents were probably the biggest influence on me and taught me about active citizenship by their example.

What is the best thing about your job?

There are lots of wonderful things about my job but the best thing is serving the public; helping people.

What is the worst thing about your job?

The worst thing about my job is being away from home for sometimes four days in a row and not

seeing my family for that time. Another thing that is not very nice is encountering people who are rude; that makes me feel sad. We can disagree but it is not necessary to be discourteous.

What is your typical day like?

There is never a typical day in my job although I do go to Downing Street every Monday and I sit on the front bench and watch and note everything being delivered by the government.



Kris Hopkins MP & Vice Chamberlain

On a Friday I am in Yorkshire meeting people in my office or visiting them in the towns and villages in my constituency.

What do you hope to achieve as an MP?

I want to achieve different things but mostly to create more employment and economic stability. We have already helped create 1000 more jobs in Keighley & Ilkley since 2010; also I would like to see more people getting the most out of education.

What do you think is the best way to get young people interested in politics?

I think young people are already interested in politics but not in a way you would think: they care for people around them, they take an interest in an elderly neighbour or relative and are interested in having good jobs. By caring for the community they live in they show an interest in being active in society.

What do you think is the best way to get young people involved in becoming an active citizen?

The simplest way is for them to join political parties but they could start off by getting involved in local activities or community groups. Join the scouts, or do something like picking up litter with others in the area. They can start with something like that and build on it with established organisations.

Interview conducted and written by Toby, Sophie, Lainie and Chloe. The Young Writers' Club meets weekly in term time at Cobbles & Clay in Haworth.

HOW TO CONTACT KRIS HOPKINS MP

Constituency office:
Kris Hopkins MP
Churchill House,
North Street,
Keighley, BD21 3AF

t: 01535 211152
w: krishopkins.co.uk
e: kris.hopkins.mp@parliament.uk

Serving the people of Keighley and Ilkley

Andy Beattie
PAINTER & DECORATOR
Quality Interior & Exterior work
Competitive Rates
Prompt & Efficient Service
01535 681292
m: 07817 132784

R.P. DECORATING

All Aspects of Decorating
Interior & Exterior
Domestic & Commercial
City & Guilds Qualified
Over 20 Years Experience

FOR FREE PROFESSIONAL ADVICE AND QUOTATIONS CALL

T: 01535 642 864 M: 07989 560 206
MEMBER OF THE PAINTING & DECORATING ASSN.



Hello, it's Chris from **Bristles Chimney Sweep Service**. I would like to say a **big thank you** to all my customers for your business and I look forward to seeing you all over the coming months. If we haven't met, I hope you will consider Bristles this year for your chimney sweep service and perhaps we will meet soon.

Your chimney is more than just an exhaust pipe for your fire. It can be a hazard, a source of carbon monoxide poisoning, a home to rodents or pests. If not regularly maintained, your chimney can cause water or smoke damage to your property.

Spring and summer are the best times to have your chimney swept and appliance serviced. Winter tends to do far more damage to chimneys than during the rest of the year ie when it rains, water seeps into the masonry so when temperatures drop, the water freezes and expands in to ice crystals that can crack and shatter masonry. The moral of the story... **Don't forget to get your chimney serviced! And here is a big incentive from me...**

Due to popular demand, I have brought back
The Summer Sweep Special
I will sweep your chimney, conduct a smoke
evacuation test and service your appliance
(not including parts) for
£50 (usual price £80).

Don't delay, Book it Today!
Offer valid until 31.8.16.
For more details see my website
www.bristles-chimney-sweep.co.uk
And say you saw it in the Worth Valley Mag!
07972 330887



Did you know UV and other radiation from the sun can harm your eyes?

Most of us wouldn't dream of sitting in the park or going to the beach without our sunscreen, but how many of us realise the importance of protecting our eyes from the harsh rays of the sun? Our eyes are as vulnerable from permanent sun damage as any other part of the body, with extended exposure to the sun's UV rays being linked to eye damage including cataracts (an estimated 20% of cataract cases are caused by extended UV exposure), macular degeneration, and photokeratitis which can cause temporary vision loss.

Sunglasses are a great fashion accessory, but their most important job is to protect your eyes from the sun's ultraviolet rays. You should look for frames with a close-fitting wraparound style provide the best protection because they limit how much stray sunlight reaches your eyes from above and beyond the periphery of your sunglass lenses.

At Airedale Opticians, we recommend

that our patients wear sunglasses whenever they're in strong sunshine for longer than 10 minutes, from the middle of April until the end of September, when the levels of UV rays are three times higher at midday than they are during the winter. The levels of UVB during the summer can be as much as ten times higher. We also recommend that you should always wear sunglasses if you are sunbathing, gardening or outside for long stretches, and wear sunglasses if you are outside in the sunshine from 11am - 2pm, as 70% of the harmful UVB radiation we absorb occurs around this time. In the UK it is now illegal to sell sunglasses without a UV protection factor, we however recommend that all our patients wear sunglasses which block 100% of UV rays.

Airedale Opticians Keighley 01535 690077 or Crosshills 01535 635856
www.airedaleopticians.co.uk

SEE OUR SPECIAL 25% DISCOUNT OFFER ON SUNGLASSES. DETAILS ON THE BACK COVER OF THIS MAGAZINE.

Steve Spencer

PLUMBER & GENERAL HANDYMAN

Tel: 01535 648468 07969 515636

No job too small Based in the Worth Valley CRB checked
 ✓Plumbing ✓Joinery ✓Tiling ✓Odd jobs

Wharfedale Woodburning & Multifuel Stoves Ltd (Otley)
 "We Sell 'Em And Fit 'Em"

- All Stoves
- Chimney Products
- Fireside Accessories
- Hetas Registered Fitters

Tel: 01943 461350

sales@wharfedalestoves.com www.wharfedalestoves.com
 3 Horse Shoes Yard, Otley LS21 1BQ
 Car Park behind Horse & Farrier Pub, we are next to B&TS

MICK'S
 ROOFING REPAIRS

plus **Guttering Cleaning & Repairs**
Boundary Wall Repairs & Maintenance

Serving the Aire & Worth Valleys

Phone:
01535 648895 or 07837 452604

P Jagger Blasting

SANDBLASTING & PRESSURE WASHING SERVICE
 APPROVED WOOD WORM CONTRACTOR

info@pjaggerblasting.co.uk 01535 646783
 www.pjaggerblasting.co.uk 07976 721893

DIGITAL AERIALS

CALL TODAY FOR A FREE QUOTE ON:

0800 0132341

Call Gary on: 07850636902

- 10% OAP discount
- Digital Aerials
- Phone Lines
- CCTV Installations

FAMILY RUN BUSINESS

I.L.R Aerials

Digital Aerials & Freesat Systems Supplied and Fitted

Freeview

For Prompt Reliable Service Guaranteed

01535 646039 07916 144709

Digi-Man Aerials

Digital Aerials & Satellites

Fully Qualified Installer of

Freeview **freesat**

Sky & Sky HD Problems Solved

Freeview / Digital Problems Solved

For a FREE Quote & Advice Call Digi-Man Aerials

Mention this magazine & Get 10% Off

Friendly Professional service

Freephone: 0800 0377011
call now 01535 646141



known as tinea pedis).
 If left untreated fungal nails may also spread from one toe to another. The nails can become deformed, crack, and split.
 If you are concerned and unsure as to whether the nail has any fungal elements, seek advice from a Foot Health Practitioner, Pharmacist or your GP.

For nail infection confirmation your GP may arrange for clippings of your toe nail/s to be sent for culture and if fungi is present to seek the specific identification of the dermatophytes.

Possible treatments may include oral drugs which include antifungal agents may be prescribed by your GP.

Another available option is to use topical therapies. Treatment may take several months and in some cases up to a year depending on the severity of the fungal infection and health status of the person.

Foot care recommendation is that you dry your feet thoroughly after bathing, including the toes (perhaps using an astringent between the toes would also reduce possibility of further infection), do not share towels, change your hosiery every day and do not walk barefooted as infection may spread.

Here's to a lovely summer.

Christine Harker, Heel2Toe

This is the time of year when we all take a look at our feet and consider wearing sandals. If our nails are looking uneven in colour or starting to thicken it could be the first signs of a nail infection.

Fungal Nail – What is it?

Another name for fungal nail is



Onychomycosis. This is a fungal infection which may cause toenails to thicken, discolour

and sometimes split.

Fungal infections can commonly be caused by dermatophytes (fungi e.g. Trichophyton Rubrum) sometimes, this condition coincides with skin infection, and athlete's foot (also

Stash Fine Yarns
 Arkfield Works, Thornton Road, Thornton, BD13 3PN
 For all those who love to see, touch and feel their yarn!
 Knitting and craft supplies
 Debbie Bliss, Rowan and more...
www.stashfineyarns.com

Sewing Classes and Workshops for Children and Adults

Tel: 07847 393637
www.thestudio-bingley.co.uk

FENETIC WELLBEING
www.feneticwellbeing.com
 Internet Prices from Local Company!!!!
 Winner Keighley Business Awards - Business of the Year
 Wheelchairs from £69.99
 Row and Recliner Chairs from £249.99
 Walking Frames from £39.99
 Based in Keighley we have a huge selection of products. For more information call 0800 567 7618 or check out our website www.feneticwellbeing.com

Accountax
 ■ Self Assessment returns
 ■ Partnership returns
 ■ VAT services
 ■ Monthly Bookkeeping
 ■ CT600 Returns
 For an affordable accountant in your area
 Call Laura on 07582 669144 or email laura.alderson@accountax-kdy.co.uk

PROFESSIONAL TUTORING
 Reading GCSEs / Sats / A-levels
 Science English
 11+ Entrance Exams Maths
 Kip McGrath
 "We help build the foundations for academic success."
 Call our Keighley centre today to book your free assessment on 01535 610222
 visit www.kipmcgrath.co.uk/keighley
 E: keighley@kip-mcgrath.com

Ask Andrina
 Office Solutions
 Sage 50
 VAT Returns
 Cash Flow
 Bank Reconciliations
 Bookkeeping
 Credit Control
 Office Duties
 Tel: 07876 345422 Silsden
 Email: andrina@askandrina.co.uk
 Web: www.askandrina.co.uk
 Twitter: @askandrina

Chiroprody to your door
 Corns & Callus • Ingrowing Nails
 Thickened Nails • Diabetic Foot Care
Treatments £27.50
 hpcpc registered
HPC Registered Podiatrist
Victoria Harrison MChP
Tel: 01535 68 10 48

Heel2Toe
 FOOT HEALTH CARE
Christine Harker
 Foot Health Practitioner
Foot Health Care Clinic
 Monday • Tuesday • Thursday
Haworth
07504 714072

Office Furniture Outlet
 10,000 Sq Ft of Quality
 New & Used Office Furniture
01535 681111
andrea@officefurnitureoutlet.co.uk
www.officefurnitureoutlet.co.uk
 Eagle Mill • Dalton Lane • Keighley • West Yorkshire • BD21 4HT

FREE STUDIO SESSION WITH PRINT
One Vision Photography
 TO CELEBRATE OUR NEW STUDIO WE ARE OFFERING FREE BABY, PORTRAIT, OR FAMILY STUDIO SESSIONS WITH ONE 8X12 PRINT.
 CALL OR TEXT "PHOTO" TO 07530049388 OR EMAIL SUZANNE@ONEVISIONPHOTOS.CO.UK FOR MORE DETAILS.

To advertise call Jo or Liz on 01535 642227

Say you saw it in the Aire Valley Mag!

Dementia Friendly Keighley classes are every Monday 11.15am -12pm at Central Hall, Keighley, BD21 3JD (£3 donation per session) More info call 07971 527525 or email info@dementiafriendlykeighley.org.uk.

Every Monday at 4pm (except bank holidays) **Spring Walks** - go walking with KHL. Short hour long walks around Devonshire Park, Cliffe Castle Park, River Worth & Parkwood. Starting from KHL, 13 Scott Street, Keighley, BD21 2JH (behind the library) More info call 01535 677177.

Games Morning At Keighley Healthy Living, 13 Scott Street Keighley. Every Thursday -10am until 12pm. Socialise over a cuppa, come and play some cards, dominoes & board games. Relax with a newspaper. Find out about local groups & clubs. Please call 01535 677177 for more details.

Little Rascals Baby & Toddler Group every Thursday 10am - 11.30am at Trinity Church , Fell Lane Keighley.

Coffee Stop Every Friday 10.30am - noon at Trinity Church, Fell Lane, Keighley, Serving Fairtrade coffee & tea. Call in for a friendly chat.

Church Green 50+ Ruggers meet in the Shared Church Hall (between Church Green & Morrisons in Keighley) on the first Wednesday in every month, 10.00-12.00hrs.

Men, women and beginners all equally welcome. £2 per session. Refreshments available in Age UK cafe next door. Phone Amy or Michael on 01535 669605 or email amy@oaktex.co.uk

Sun 5th June 140th Keighley Gala



1.25 pm Town Procession from Spring Gardens Lane to Victoria Park.

Mon 6th June 2 pm- 3.30 pm Meeting Point at Trinity Church, Fell Lane, Keighley - Mrs Patricia Atkinson - Schooldays.

Weds 8th June 10am - 12 noon Victoria Park, Keighley National Child Safety Week Event for Parents & Carers & children up to 5.

Mon 8th June Keighley Thwaites Brow Guild meet at Long Lee Chapel, Long Lee Lane Keighley – the meetings commence at 7. 15 p.m

Talk by Mrs. G. Webster, Her Early Married Life

Sat 11th June Skipton Gala. Procession starts at 1pm from Westmorland Street. The parade travels through Skipton and ends up in Aireville Park where a variety of activities and games take place through the afternoon. Musicians provide a lively accompaniment to the events with entertainment continuing into the evening and finishing with a fireworks display.

Sat 11th June 7.30pm Keighley Korma at the Keighley & Worth Valley Railway. www.kwvr.co.uk or call 01535 645214.

Sat 11th June 7pm & Sun 11th at 2am Saltaire Bandstand Concert at Roberts Park Come along and enjoy being outdoors listening to music in the park. Free Entry.

Sun 12th June 10am from Cliffe Castle via East Riddlesden Hall &

Park Road. Keighley Valleys & Rivers Community Walk & Cycle.

Sun 12 June 2pm Happy Memories Singing Group at Cliffe Castle Museum. Music brought to you by Bradford Alzheimer's Society group. Free entry.

Sun 12th June 2016 11am - 3pm Old Oxenhope Farm, Oxenhope, BD22 9RL is joining in with **Open Farm Sunday.** Your chance to see how a dairy farm works! Free gifts for the kids and our milk Co-op, Arla, will be here with samples of the products our milk is made into. There will be pigs and lambs too. Free admission.

Tues 14th June until Sat 18th June Bingley Amateurs present Flashdance the Musical at Bingley Arts Centre. 01274 567983

Sun 19th June 10 am Town Hall Square. Keighley Armed Forces Day Then at Marley Stadium with 'War Horse' Re-enactment Team and "Men of Worth" Exhibition.

Sun 19th June Vintage Loco's & wooden bodies carriages at KWVR. Sun 19th June The 3 Dales Mountain Bike Challenge in aid of Sue Ryder Manorlands Hospice. This is a brand new sister event to the ever popular Sue Ryder Bronte Mountain Bike Challenge. More info www.sueryder.org/3dalesmtb

Mon 20th June until Sat 25th June Men of the World at Keighley Playhouse. A comedy by John Godber www.keighleyplayhouse.co.uk Box Office

Tel: 07599 890 769 5 Devonshire Street, Keighley, BD21 2BH
Mon 20th June Solstice Saunter at the Bolton Abbey Estate. A picturesque 5 mile run on the longest day. Fundraising event for Manorlands Hospice. For more info www.sueryder.org.solsticesaunter.

Sat 25th & Sun 26th June Haworth 1960's Weekend. Bands, music, 1960's vehicles, entertainment, food, beer & cocktail tent.

Mon 27th June Keighley Thwaites Brow Guild meet at Long Lee Chapel, Long Lee Lane Keighley – the meetings commence at 7. 15 p.m Discussions of Proposed Mandates to the National A.G.M. Followed by a Quiz.
Sat 2nd & Sun 3rd July Poetry at the Parsonage.

Sun 3rd July Oxenhope Straw Race (40th Year) To start at the Waggon & Horses www.strawrace.com.

Sun 3rd & 31st July 2pm - 4pm Bandstand Concert at Cliffe Castle Park. Bradford Council's Sport and Leisure Service present a series of Bandstand Concerts. Come along and enjoy being outdoors listening to music. Free Entry.

Mon 4th July 2 pm- 3.30 pm Meeting Point at Trinity Church, Fell Lane, Keighley - Talk & slide show by Gordon Dean - A walk around Central Bradford.
Sat 9th July 10am - 4pm Grand Day Out in Silsden Park. A fun day for all the family.

Sun 10th July 10am - 4.30pm Keighley Model Railway Open Day. Layouts in all gauges. Refreshments & Trade support. Clubrooms, Knowle Mills, South Street. Adults £3.50 & children £2.50. Free parking.



Proms on the Farm



Proms on the Farm is a well-established Silsden event which last year was visited by over 1000 people – many attending in groups and some in fancy dress - raising over £15,000 for charity.

This year's Proms on the Farm will, once again, be held on **Saturday 23 July** at Sycamore Farm, Brunthwaite. Now in its thirteenth year the music for the Proms on the Farm 2016 will be from Ripon City Brass Band (conducted by Martin Hall, and with soloist Sarah Halstead). Sultans of Swing and The Big Bang will also play. Adult tickets are £10 (children accompanied by an adult up to the age

of 16 go free) and are available from Twiggs newsagents, Silsden (or may be purchased on the gate). Gazebo space must be booked (for an extra charge) by phoning 01535 654509. Also featuring Barry's raffle and a giant auction, the proceeds from Proms on the Farm go to Sue Ryder Manorlands Hospice in Oxenhope, and Silsden Methodist Church. Proms on the Farm is held outdoors with the gate opening in the afternoon so there is plenty of time to relax with a picnic on a Summer day, before the live music starts and then plays on into the evening. **More information is available on www.promsonthefarm.co.uk**

Photos by John Liddle

make them *mint*
mobile valeting & detailing

- Leather repairs
- Interior trim repairs
- Windscreen repairs
- Full deodoriser systems
- Vehicle protection
- Cabriolet roof restoration
- All vehicles considered

Tel: 07807 902786
www.makethemmint.co.uk
e: makethemmint@outlook.com




OVENCLEAN.
The original oven cleaning specialists

Ovenclean will transform your oven and put the sparkle back into your kitchen!

- Agas • Ovens • Grills • Extractors
- Hobs • Ranges • Microwaves

Call Janet & Paul for a free quote **07592 813155**

AS SEEN ON TV

Adele's
CLEANING & IRONING SERVICE

£20 for 35 items

Telephone: 01535 648895
Mobile: 07837 452604

Free Collection & Delivery



GREEN & IDY
TREE CARE

All aspects of tree work undertaken from hedge trimming to large tree removal. Fully insured and qualified with over 10 years experience. Logs and woodchip supplied.

Call for free quotes/advice
07506 729731 or 01535 531634



City Guilds NPTC

Craven Carpet Cleaning **50% OFF**

Half Price carpet & upholstery cleaning

• Single room 12' x 12'	£60	£30
• Lounge 12' x 18'	£70	£35
• Hall, Stairs and Landing	£70	£35
• 3 Piece Suite (from)	£100	£50

Prices subject to sight of work

Domestic & Commercial work
Trained professional, fully insured, local operator
Phone lines open till 9pm

Call **07710 787399**

Craven Carpet Cleaning
Carpet & Upholstery Cleaning

www.cravencarpetcleaning.co.uk

Worth Valley Fencing

Fencing manufacturers & suppliers

- Palin Panels
- Overlap Panels
- Feather Edge
- Decking
- Bespoke Panels
- Met Posts

Full fitting service available

Tel: 01535 665040
email: newfabs@btconnect.com
Unit 3, Crown Works, Worth Way, Keighley BD21 5LR

Don't lose those precious moments!
VHS to DVD Conversion



Photo slideshows
Audio tape to CD/MP3
DVD to MP4

Tel: 07944 023 597
email: jlorrimer@icloud.com

Say you saw it in the Aire Valley Mag!

Less Stress with Yoga



You may have noticed that when you are happy and calm your breathing is smooth and even. When you are

anxious it becomes shallow and irregular. When you are frightened it is constricted, and you may feel tight in the chest.

Learning more about how the breath changes with your state of mind is a valuable skill in Yoga. Relaxed breathing techniques can positively affect the nervous system and how we feel. Your body is given an opportunity to have a more balanced exchange of oxygen on the in-breath for waste products in the form of carbon dioxide on the out-going breath in contrast to the quick shallow breathing you may experience during stress. Yoga teaches the control of breath over a period

"I felt as though it really gave me a sense of control the breathing. I surprised myself when I was able to switch off within a short period of time. To keep the mind still for a second is wonderful. Afterwards you can think more clearly and feel refreshed." Participant

of time. The systematic development of breath awareness allows you to gradually observe changes in both body and mind:

As respiration is usually an involuntary process care is taken to instruct newcomers to Yoga to adopt a relaxed attitude whilst working with the breath. You are taught, over a period of time, to become more aware of how the respiratory process works. Straightforward explanations of the function of the diaphragm and lungs help you to understand the breathing process. You recognise more consciously that deeper breaths assist the body to function to an optimum, whilst calming the mind, and how helpful this can be during periods of stress. Simple movements are integrated into the learning process, encouraging the complete use of the lungs and further helping to relax the breath. From an early stage slower, deeper breaths are incorporated into many yoga movements maximising the beneficial effects of both the physical movement and the breath.

Shelley Robinson has taught Yoga for over 25 years. In her work with the NHS she set up and delivered the Cancer Information Centre at BRI and is also a qualified Senior Health Promotion Practitioner, more recently working on a freelance basis. She is a British Wheel of Yoga teacher further accredited with Mandala Yoga Ashram - an internationally recognised centre, teaching the integral practices of Yoga.

Along with her other classes and one to one work Shelley will be continuing an evening class at West Lane Baptist Church, Haworth on Tuesday evenings 6.30 - 8.00pm starting from June. Ring 07957488639 or visit www.shellyyoga.com for more information.



Rachael Hancock

Aire Valley Mag deliverer Rachael Hancock, is donating her beautiful long hair to a worthy cause. Saturday, July 2nd Rachael will wash, dry and plait her hair, and her hairdresser will cut it off to send to the Little Princess Trust charity.

As she says, "helping to give a child back their self confidence with a realistic looking wig and making them smile is so worth while!" It costs £350 to make a wig and that is Rachael's fundraising target. The Little Princess Trust - providing real hair wigs for boys and girls throughout the UK and Ireland that have lost their own hair through cancer treatment. This charity was started in memory of Hannah Tarplee who lost her short battle with cancer in 2005. When chemotherapy caused the loss of her hair her parents found it difficult to obtain a suitable wig in a child's size. After she died the charity was set up so that as many children as possible who needed help would benefit and receive a real hair wig free of charge as quickly as possible.

If you would like to support Rachael's fundraising efforts, please visit her mother, Gaynor Hancock's Just Giving page: www.justgiving.com

Sudoku Solutions (see page 12)

Solutions :

7	9	1	8	3	6	5	4	2
3	4	8	2	5	7	9	6	1
2	5	6	1	4	9	7	3	8
1	2	3	9	8	5	6	7	4
9	8	4	6	7	1	3	2	5
5	6	7	3	2	4	8	1	9
4	7	2	5	6	8	1	9	3
8	3	9	7	1	2	4	5	6
6	1	5	4	9	3	2	8	7

2	6	9	1	8	3	7	5	4
8	5	7	6	2	4	3	1	9
1	4	3	9	7	5	2	6	8
7	2	1	4	5	8	6	9	3
3	8	6	2	9	1	5	4	7
4	9	5	7	3	6	1	8	2
5	7	2	8	6	9	4	3	1
9	3	4	5	1	2	8	7	6
6	1	8	3	4	7	9	2	5

3	7	5	8	1	4	9	2	6
4	2	1	9	6	3	5	8	7
6	9	8	5	2	7	3	4	1
1	5	2	4	3	6	8	7	9
7	4	3	1	8	9	2	6	5
9	8	6	2	7	5	4	1	3
2	3	4	6	5	1	7	9	8
8	1	7	3	9	2	6	5	4
5	6	9	7	4	8	1	3	2

5	8	6	9	1	7	2	3	4
4	3	7	2	5	8	9	6	1
1	2	9	6	4	3	7	8	5
2	7	8	1	3	9	4	5	6
6	5	3	7	2	4	8	1	9
9	1	4	5	8	6	3	7	2
3	6	1	8	9	2	5	4	7
8	9	5	4	7	1	6	2	3
7	4	2	3	6	5	1	9	8



Steel's
of Addingham

ESTABLISHED SINCE 1940
STILL FAMILY OWNED AND OPERATED.
TRAVEL SAFELY IN COMFORT AND STYLE
WITH OUR MODERN FLEET OF COACHES.

12 up to 60 seat coaches available for private hire,
corporate & group travel. Ideal for weddings,
Airport, School Groups, Special Occasions.
Local en-route pickups within 20 miles of Addingham

2016 Tours

July/August
Segovia -
Spanish Heritage

September
Ireland/Wales
October/November

August
Edinburgh
Military Tattoo

Scottish Autumn Tints
Welsh Winter Warmer

Also Thursford Christmas Variety Show

TEL: (01943) 830206 / 830720
www.steelcoaches.co.uk info@steelcoaches.co.uk

BUSINESS DIRECTORY

Accountancy/ Business Services/ Financial

Accountax p23
Ask Andrina p23
Brighter Financial Services p 9

Aerials/Audio/TV

ADI p21
Digi-man Aerials p21
ILR p21

Attractions/Events/ Community

Bronte Parsonage p6/7
Bolton Abbey p7
Cath Bromwich p8
Haworth Festival p16/17
Keighley Healthy Living p3
KWVR p14

Octagon Live p9
Sewing Classes p23
Yoga p28

Young Writers Club p18

Building Services/Repairs

ADP p11
Adrian Butterfield p11
Cobbydale p13
Micks Roofing p21

Chiropody

Chiropody to your Door p22

Cleaning / Domestic

Adele's Ironing p27
Craven Carpet Cleaning p27

Oven Clean p27

P Jagger Pressure

Washing p21

Computer Related

Bellbird IT p11
Computer Universe p10

DVD conversion p27

ebit Technology p11

Conservatory

Warm Roof Solutions p 2

Fencing

Worth Valley Fencing p27

Fuel /Heating

Wharfedale Stoves p21

Gardening/Trees

Green & Tidy p27

Health & Mobility

Fenetic Wellbeing p23

Holidays/Travel

Steel's Addingham p29

Kitchens

ADP p11

Queensbury Kitchens p32

Locksmiths

Absolute Locks p11

Opticians

Airedale Opticians p20
& p32

Painting & Decorating

Andy Beattie p19

RP Decorating p19

Plumbing

Adrian Butterfield p11

Restaurants/Cafes/ Food

New Yorkies p2

Octagon Live p9

The 3 Acres p5

Retail

Office Furniture Outlet

p23

Queensbury Kitchens p32

Wharfedale Woodburning

Stoves & Multifuel p21

Roofing

Mick's Roofing p21

Sandblasting

P Jagger Blasting p21

Tuition/Training

Keighley College p4/5

Kip McGrath p23

Valeting

Make them Mint p27

Windows

Bob Beattie p11



Worth & Aire Valley Magazines

Want to promote your
business or organisation?
Call us on 01535 642227

WORTH & AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Reach 20,000 households in Worth & Aire Valley



**SPECIAL
OFFER:
3 for 2!**

**Go in 2
Groups,
get 3rd
one FREE!**

From only **£29.66** (+VAT) per magazine*
(* 1/8 page colour, 3 month commitment)

**Established in 2006 we are genuinely your
local Community Magazine.**

- ✓ **Local Business Directory**
- ✓ **Supports LOCAL Groups**
- ✓ **Puts money back in to
the local economy**

- ✓ **Delivered through
doors monthly**
- ✓ **Community News**
- ✓ **Business Profiles**



Here's what our advertisers say...

Advertising in the Worth and Aire Valley magazines has been critical to the success of my business. The magazines are highly rated by my customers and I have lost count of the number of people who tell me that they found me in these magazines. I have tried numerous ways to advertise my business but none of them have been as successful as advertising in the Worth and Aire Valley magazines. Sensible advertising costs and local content make these magazines a focal point in the local community.

Chris (Bristles Chimney Sweep Service)

I have advertised with the Aire Valley Mag now for a number of years to which I have had a fantastic response, I feel that the magazine is an honest publication that local people have learnt to know and trust. I know from the feed back that I have received from my customers that this little book is not only an interesting read but also provides a solid base for local business to promote there services. I can only thank Joanne and the team for consistently providing a quality publication that is well presented, has great distribution and is favoured above other such magazines that we receive through our letter boxes. May all your great work continue!

Steve Edwards, Managing Director,
Cobbydale Construction Ltd, Silsden

Contact Us: 01535 642227 Email: info@worthvalleymag.co.uk

www.airevalleymag.co.uk

25% OFF

**ALL SUNGLASSES
WITH THIS ADVERT**

For full terms and conditions see instore.
Also includes prescription sunglasses.
Offer ends 31st August 2016.



**Airedale
Opticians**

www.airedaleopticians.co.uk

Keighley 01535 690077 Crosshills 01535 635856

**PRADA
OKLEY**



Queensbury Kitchens Bedrooms & Bathrooms

Fully fitted or supply only. Made to measure
replacement doors, worktops also available.



We will not be beaten on price-trade or retail

Contact us on: 01274 882349 • www.queensburykitchens.com

Black Dyke Mills, BD13 1QA